



# JUMP IN, THE WATER'S FINE

## LAP SWIM (Lap Pool)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-3:30pm 5:30pm-8:30pm	5:30am-3:30pm 5:30pm-8:30pm	5:30am-3:30pm 5:30pm-8:30pm	5:30am-3:30pm 5:30pm-8:30pm	5:30am-3:30pm 5:30pm-8:30pm	7:00am-6:30pm	12:00pm-4:30pm

## WATER WALKING (Rec Pool)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-8:15am	5:30am-8:15am	5:30am-8:15am	5:30am-8:15am	5:30am-8:15am	7:30am-10:00am	

## FAMILY SWIM (Rec Pool. Adult must in water, regardless of child's age)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11:15am-3:00pm	6:45pm-8:30pm	11:15am-3:00pm	6:45pm-8:30pm	11:15am-3:00pm	11:00am-12:30pm	12:00pm-1:00pm

## REC SWIM (Rec Pool. Children under 7 must have adult in the water)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
3:00pm-8:30pm	3:00pm-5:15pm	3:00pm-8:30pm	3:00pm-5:15pm	3:00pm-8:30pm	12:30pm-6:30pm	1:00pm-4:30pm

## HOT TUB/STEAM ROOM/SAUNA (14+ years old)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am-8:30pm	5:30am-8:30pm	5:30am-8:30pm	5:30am-8:30pm	5:30am-8:30pm	7:00am-6:30pm	12:00pm-4:30pm

## WATER SLIDE (Must be 42 inches tall to ride)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1:30pm-3:30pm	1:30pm-3:30pm

## DIVING BOARD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1:30pm-4:30pm As staffing allows	1:30pm-4:30pm As staffing allows

## OBSTACLE COURSE (Operates the 2nd and 4th Saturday/Sunday of the month)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1:00pm-6:00pm	1:00pm-4:00pm

### Lap Swim

Lap Pool  
Open to persons 12 years and over  
7-11 years old with a blue wristband  
Lengths from Aquatics Office to Steam Room

### Water Walking

Rec Pool Lazy River  
Open to persons 12 years and over  
Equipment not provided  
Not exclusive to water walkers  
Other swimmers may use river

### Hot Tub

Open to persons 14 years and over  
Recommended maximum time 15 minutes

### Family Swim

Rec Pool  
Must have adult in water, regardless of child's age

### Rec Swim

Rec Pool  
Children under 7 must have an adult in the water

### Steam Room/Sauna

Open to persons 14 years and over  
Recommended maximum time 15 minutes

### Water Slide

Must be 42 inches tall to ride  
One rider at a time  
No floatation devices allowed

### Obstacle Course

Open to all ages, but must have blue wristband or over the age of 12 to complete course.  
Open the 2nd and 4th weekend of the month

### Diving Board

Lap Pool  
Open to persons 12 years and over, or 7-11 years old with a wristband