



# POOL SCHEDULE

09/05/2023

## LAP SWIM (Lap Pool)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-3:30pm 5:30pm-8:30pm	5:30am-3:30pm 5:30pm-8:30pm	5:30am-3:30pm 5:30pm-8:30pm	5:30am-3:30pm 5:30pm-8:30pm	5:30am-3:30pm 5:30pm-8:30pm	7:00am-6:30pm	12:00pm-4:30pm

## WATER WALKING (Rec Pool)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-8:15am	5:30am-8:15am	5:30am-8:15am	5:30am-8:15am	5:30am-8:15am	7:30am-10:00am	

## FAMILY SWIM (Rec Pool. Adult must be in water, regardless of child's age)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11:15am-3:00pm	6:45pm-8:00pm	11:15am-3:00pm	6:45pm-8:00pm	11:15am-3:00pm	11:00am-12:30pm	12:00pm-1:00pm

## REC SWIM (Rec Pool. Children under 7 must have adult in the water)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3:00pm-8:30pm	3:00pm-5:15pm	3:00pm-8:30pm	3:00pm-5:15pm	3:00pm-8:30pm	12:30pm-6:30pm	1:00pm-4:30pm

## HOT TUB/STEAM ROOM/SAUNA (14+ years old)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am-8:30pm	5:30am-8:30pm	5:30am-8:30pm	5:30am-8:30pm	5:30am-8:30pm	7:00am-6:30pm	12:00pm-4:30pm

## WATER SLIDE (must be 42 inches tall to ride)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1:30pm-3:30pm	1:30pm-3:30pm

## DIVING BOARD

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1:30pm-4:30pm As staffing allows	1:30pm-4:30pm As staffing allows

## OBSTACLE COURSE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1:00pm-6:00pm 2 <sup>nd</sup> & 4 <sup>th</sup> of the month	1:00pm-4:00pm 2 <sup>nd</sup> & 4 <sup>th</sup> of the month

### Lap Swim

In Lap Pool  
Open to persons over the age of 12  
7-11 years old with a blue wristband  
Lengths from Aquatics Office to Steam Room/Sauna

### Water Walking

In Rec Pool  
Open to persons over the age of 12  
Equipment not provided  
Not exclusive to water walkers. Other swimmers may use river.

### Family Swim

In Rec Pool  
Must have adult in the water, regardless of child's age

### Rec Swim

In Rec Pool  
Children under 7 must have an adult in the water

### Water Slide

Must be 42 inches to ride  
One rider at a time  
No floatation devices allowed

### Diving Board

In Lap Pool  
Open to persons over the age of 12 or  
7-11 years old with a blue wristband

### Hot Tub

Open to persons aged 14 and up  
Recommended maximum time 15 minutes

### Steam Room/Sauna

Open to persons aged 14 and up  
Recommended maximum time 15 minutes

### Obstacle Course

Open to all people. Must have blue band or over 12 years old to complete full course. Open every other weekend or special events